



Pounce Marketing
Suite 1403
1 York Street
SYDNEY NSW 2000
+61 2 9131 4900

<https://www.pouncemarketing.com.au>
info@pouncemarketing.com.au

SPRING CYCLE - HEALTHY HEARTS, HAPPY FAMILIES.

The 37th annual [Spring Cycle](#) event **founded by Bicycle NSW** back!

Spring Cycle is NSW's largest family friendly (and Covid safe) recreational bike ride across the Sydney Harbour Bridge!

Sponsored by the NSW Government in partnership with City Of Sydney, the annual event is taking place on **Sunday 16th October**.

Spring Cycle offers participants of all levels and ages the opportunity to cycle through Sydney streets and take in the city's most iconic sites, including the world famous Sydney Harbour Bridge.

And guess what? You get to cycle across the Sydney Harbour Bridge **traffic free**.

This cycling course is for anyone, any age, any ability... AND anything that rolls. Tandem bikes, unicycle, sidecar, all are welcome! So grab your tassels, flame stickers, bells and whistles to rollout in style!

Plus kids on parent's bikes ride for free!

For families with smaller children, the **short burst 10km City Ride** option takes riders over the Harbour Bridge, along the Cahill Expressway and through the CBD on closed roads, finishing up in the heart of Darling Harbour.

Whilst the **50km Classic Ride** allows riders to meander through the diverse Inner West and finishing in Sydney Olympic Park, Tumbelong redevelopment.

Then head to our website and purchase your tickets today.

We'll see you there!

-ENDS-



Pounce Marketing
Suite 1403
1 York Street
SYDNEY NSW 2000
+61 2 9131 4900

<https://www.pouncemarketing.com.au>
info@pouncemarketing.com.au

Key Dates:

Sunday 16th October

Early bird tickets END 14th September

Event Information & ticket purchases:

<https://springcycle.com.au/>

Event Sponsors:

Supported by the



Imagery

Please find relevant Spring Cycle logos, images & promo video:

<https://drive.google.com/drive/folders/1w4rMzNxQ1TDvKft10L007fekSn-AwEVx?usp=sharing>