

Circle of Control

Leaders control self first.
Jumper bumped Sophie when he jumped.
What can Sophie do?



Move away from Jumper.



Ask Jumper to stop.



Make Jumper apologize.

Draw a line from the **cause** to an **action** you can control.

Cause



A toy is taken away from you.



Your class is noisy.



A child is teasing another child.



You're not included in a game.



Someone is saying mean things to you.

Action



Remind them politely about the rules.



Ask nicely for the toy back.



Walk away.



Ask the person to stop.



Play with someone else.