5th March 2015

Dear Parents,

The Holy Family Cross Country will be held next week on Friday 13th March at Bannockburn Oval, Pymble, commencing at approximately 9:30am. All students in Years 2 – 6 will be transported by bus to the venue and are encouraged to take part in this event. The race distances are as follows;

- 8, 9 and 10 yrs  2km
- 11 and 12 yrs  3km

While we have been doing lots of cross country training in PE lessons, it is also important that students who wish to participate do some running practice at home as well. Students will be selected from this event to form part of the Holy Family Cross Country team and will attend the North Shore Cluster Carnival on Tuesday 5th May.

Please complete the form below and return it to school by Tuesday next week (10th March). Students who are in year 2 and do not turn 8 this year may participate in the school event, however, they are not eligible to qualify for the Cluster Carnival. All age groups are the same as the Swimming Carnival – age turning this year (as at 31st December 2015).

Please note that if your child is an asthmatic, they will be required to carry their asthma medication in their pocket while they run.

In order for the morning to run smoothly we will require the assistance of parents to stand at various check points. If you are able to assist please complete the form below.

Kind regards

Stefanie Camden
PDHPE Co-ordinator

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PERMISSION NOTE
(Return to Classroom Teacher)

Holy Family Cross Country Carnival Friday 13th March 2015

I give permission for my child __________________________ of class ______ to attend the Holy Family Cross Country at Bannockburn Oval on Friday the 13th March 2015.

I __________________________ am able to assist at the carnival.

Signed __________________________ Contact No ________________